

## Wales 2009

Written by Dave

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### Wales Course

Friday 30th October to Sunday 1st November 2009

The Wales course is a long weekend for adults only, or at least 16+ years after consultation.

Wales is a special course that I have been involved in since its conception 15 years ago. It is organised by a good friend and fellow Karate instructor and whilst it is an exclusive course, it is open to Nishido students.

For more information please visit the Nishido Forum  
(You must be registered and logged in to view the forum)

<http://www.nishidokaratekai.co.uk/forum/4-events.html>

Sensei Dave